

Fruit Bars



Item no.	Product name	Ingredients	Average nutritional values per 100g (per serving ²)									
			Energy (kJ/kcal)	Fat	Saturated fat	Carbohydrates	Sugars*	Fibre	Protein	Salt	Sodium	Thiamine (Vitamin B1)
10480	Cookie Monster Fruit Bar Mixed Fruits	Concentrated grape juice ¹ 27%, banana flakes ¹ 25%, milled ground wheat flakes¹ , whole oat flour¹ concentrated aronia juice 5%, palm oil ¹ , wafer ¹ (wheat flour¹ , potato starch ¹), concentrated apricot juice ¹ 2.6%	1440/341 (340/81)	6.5g (1.5g)	2.7g (0.6g)	63g (15g)	35g (8.1g)	4.6g (1.1g)	5.4g (1.2g)	<0.05g (<0.05g)	<0.02g (<0.02g)	N/A
10483	Elmo Fruit Bar Grain, Pear & Aronia	Concentrated apple juice ¹ 25%, banana flakes ¹ 20%, milled ground wheat flakes¹ 18%, whole oat flour¹ 17%, palm oil ¹ , concentrated pear juice ¹ 5%, concentrated aronia juice ¹ 4%, wafer ¹ (wheat flour¹ , potato starch ¹)	1490/354 (340/81)	8.7g (2.0g)	3.7g (0.9g)	61g (14g)	34g (7.8g)	4.9g (1.1g)	5.4g (1.2g)	<0.05g (<0.05g)	<0.02g (<0.02g)	N/A
10486	Ernie Fruit Bar Banana, Grape & Mango	Banana flakes ¹ 24%, concentrated grape juice ¹ 22%, milled ground wheat flakes¹ , whole oat flour¹ , concentrated apricot juice ¹ 7%, palm oil ¹ , concentrated mango juice ¹ 5%, wafer ¹ (wheat flour¹ , potato starch ¹)	1517/360 (360/85)	8.5g (2.0g)	3.5g (0.8g)	63g (15g)	35g (8.1g)	4.7g (1.1g)	5.5g (1.3g)	<0.05g (<0.05g)	<0.02g (<0.02g)	N/A

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¹ from organic sources

² 1 serving = 23g

* contains sugar by nature

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