

# Cookies



Item no.	Product name	Ingredients	Average nutritional values per 100g (per serving <sup>2</sup> )									
			Energy (kJ/kcal)	Fat	Saturated fat	Carbohydrates	Sugars	Fibre	Protein	Salt	Sodium	Thiamine (Vitamin B1)
10330	Ernie & Bert Biscuits	<b>Whole wheat flour</b> <sup>1</sup> 50%, desiccated coconut <sup>1</sup> 17%, margarine <sup>1</sup> (non-hydrogenerated palm oil <sup>1</sup> , sunflower oil <sup>1</sup> , water, salt, emulsifier: sunflower lecithins, acidity regulator: lemon juice <sup>1</sup> ), raw cane sugar <sup>1</sup> , honey <sup>1</sup> 9%, amaranth puffed <sup>1</sup> 1%, <b>whole oat flakes</b> <sup>1</sup> 1%, raising agent: sodium bicarbonate, sea salt	2016/483	24.4g	14.8g	52.6g	20.9g	11.3g	7.5g	0.6g	N/A	N/A
10331	Cookie Monster Cookies	<b>Whole wheat flour</b> <sup>1</sup> 34%, margarine <sup>1</sup> (non-hydrogenated palm fat <sup>1</sup> , sunflower oil <sup>1</sup> , water, salt, lemon juice concentrate <sup>1</sup> ), raw cane sugar <sup>1</sup> , <b>whole oat flakes</b> <sup>1</sup> 18%, chocolate chips <sup>1</sup> 11% (cocoa mass <sup>1</sup> , raw cane sugar <sup>1</sup> , cocoa butter <sup>1</sup> , emulsifier: <b>soy lecithins</b> <sup>1</sup> ), cream of tartar (acidifier: monopotassium tartrate, raising agent: sodium bicarbonate, corn starch <sup>1</sup> ), sea salt	2044/489	24.5g	9.4g	57.1g	23.9g	6.0g	7.0g	0.4g	N/A	N/A
10332	The Count Cookies	<b>Whole wheat flour</b> <sup>1</sup> 56%, apple juice concentrate <sup>1</sup> 21%, vegetable oils and fats <sup>1</sup> (sunflower <sup>1</sup> , cocoa <sup>1</sup> ), chia seeds <sup>1</sup> 3%, <b>spelt flour</b> <sup>1</sup> , <b>oat flakes</b> <sup>1</sup> , <b>rye flakes</b> <sup>1</sup> , raising agent: sodium bicarbonate, emulsifier: sunflower lecithins, acidity regulator: citric acid, thiamine (vitamin B1)	1908/454 (573/136)	16g (4.8g)	3.3g (1.0g)	66g (19.9g)	16g (4.8g)	4.7g (1.4g)	9.0g (2.7g)	0.7g (0.2g)	0.273g (0.082g)	0.5mg (0.06mg)
10334	Elmo Kids Biscuits	<b>Spelt flour</b> type 1050 <sup>1</sup> 45%, <b>whole wheat flour</b> <sup>1</sup> 28%, margarine <sup>1</sup> (sunflower oil <sup>1</sup> , palm oil <sup>1</sup> , water, cocos oil <sup>1</sup> , carrot juice <sup>1</sup> , emulsifier: sunflower lecithins, lemon juice <sup>1</sup> ), agave syrup <sup>1</sup> 13%, corn starch <sup>1</sup> , parsnip flour <sup>1</sup> 5%, acidifier: monopotassium tartrate, raising agent: sodium bicarbonate, thiamine (vitamin B1)	1801/429	13.9g	4.2g	64.1g	11.4g	6.4g	8.6g	0.5g	0.2g	1.0mg

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<sup>1</sup> from organic sources  
<sup>2</sup> 1 serving = 30g  
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